



THE
PARKOUR & PERFORMING
ARTS CENTER

THE PPAC TERMS & CONDITIONS WAIVER & RELEASE

Acknowledgment of Risks, Injury & Obligations

I acknowledge that the activity I am to undertake is a dangerous activity and that by participating in it I am exposed to certain risks. I acknowledge and understand that whilst participating in such activity:

- I may be injured, physically or mentally, or may die;
- My personal property may be lost or damaged;
- Other persons participating in such activity may cause me injury or may damage my property
- I may cause injury to other persons or damage their property
- The conditions in which the activity is conducted may vary without warning
- There may be no or inadequate facilities for treatment or transport of me if I am injured
- I assume the risk of and responsibility resulting from my participation in the activity.

Release and Indemnity

I participate in the activity at my sole risk and responsibility. I release, indemnify and hold harmless Free Flow Academy, its servants and agents, from and against all and any actions or claims which may be made by me or on my behalf or by other parties for or in respect of or arising out of any injury, loss, damage or death caused to me or my property whether by negligence, breach of contract or in any way whatsoever.

In consideration for the owners and occupants of 1121 W. Sunset Boulevard, Rocklin, CA 95765 (the "Site") permitting the below signed ("Participant") to participate in hazardous, ultra-hazardous and non-hazardous activities at the Site, I agree not to sue the owners and I hereby release, waive, discharge, and agree to hold harmless, indemnify, and defend the owners of the Site and all persons and entities affiliated with such owners, including trustors, trustees, beneficiaries, shareholders, directors officers, members, managers, partners and all of their various respective employees and agents, from any and all liability, losses, damages, claims, actions, and causes of action of every nature for any and all known or unknown, foreseen or unforeseen bodily or personal injuries, property damage, or other loss(es) relating in any way to the below-named participant's involvement in activities at the Site. If the Participant is a minor, I represent and warrant on my own behalf to the owners of the Site that I have the legal authority to make this agreement and waiver in a manner that is fully binding and effective with respect to the interests of such minor, as the parent or legal guardian of such minor, and understand that this representation will be relied upon by the owners of the Site in permitting the Participant's presence and activities at the Site.

I have read and agree with all of the above.

PRINT _____ SIGNATURE _____ Date: ____/____/____

(Parent Guardian Signature if under 18): _____ Date: ____/____/____

Participants (print name) _____ age _____ DoB: ____/____/____

(print name) _____ age _____ DoB: ____/____/____

(print name) _____ age _____ DoB: ____/____/____

(print name) _____ age _____ DoB: ____/____/____

(print name) _____ age _____ DoB: ____/____/____

(print name) _____ age _____ DoB: ____/____/____

Phone Number/Emergency Contact _____ Address _____

Email _____

PLEASE RETURN THIS FORM TO THE FOLLOWING EMAIL: parkourandperformingarts@gmail.com

Physical and Mailing Address: 1121 W Sunset Blvd. Rocklin, CA 95765

(Attn: The PPAC) Phone: 916-759-1468